

There are no short cuts to working on your marriage or relationship.

1. How did you meet?
2. Are you friends?
3. Do you want to be friends?
4. Why did you get married?
5. What's the meaning of being married?
6. Do you like your partner?
7. Do you think your partner likes you?
8. How much do you respect your partner?
9. How much does your partner respect you?
10. How much do you resent your partner?
11. Does your partner resent you?
12. How do you connect emotionally?
13. Do you still laugh together?
14. How much do you confide in each other?
15. How much do you withhold?
16. How is your sex life?
17. Is sex important?
18. How important is it to your partner?
19. Who has the lower sex drive?
20. Who initiates sex?
21. Do you connect emotionally during sex?
22. Do you look at each other during sex?
23. Do you look at each other during an orgasm?
24. How important is an orgasm?
25. Do you talk about sex during sex?
26. Do you enjoy sex?
27. Do you enjoy sex with your partner?
28. Does your partner enjoy sex?
29. Does your partner enjoy sex with you?
30. Is your partner emotionally present during sex?
31. Are you emotionally present during sex?
32. Are you emotionally available during sex?
33. Is your partner emotionally available during sex?
34. Do you want your partner to be available?
35. How do you signal your interest in sex?
36. Do you signal your sexual interest?
37. Do you flirt with your partner?
38. Do you have foreplay?

39. Do you have after-play?
40. Do you kiss, caress, touch, or stroke?
41. Would you rather be right or happy in your relationship?
42. How can you be at peace with yourself?
43. Who needs to get better?
44. What's your motivation for getting better?
45. What do you really want from your relationship?
46. What are you too afraid to ask?